



RIVERVIEW FARMS

2010 Produce CSA

For returning veg CSA subscribers, we're cutting to the chase. New subscribers, there's more info that you'll find helpful starting on page two.

2010 Pricing

The CSA season is 30 weeks long. For most drop points, the 2010 deliveries are divided into three, 10-week subscription "seasons". The Grant Park and Peachtree Corners drop points use different signup periods, though their seasons are also 30-weeks long.

	<u>Anticipated Start Date*</u>	<u>Price</u>
Season 1 (10 wks)	May 26	\$250
Season 2 (10 wks)	August 4	\$300
Season 3 (10 wks)	October 13	\$250

Or, commit to all 30 weeks up front and save!

Entire 30 weeks	\$760
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** exact dates are subject to change.*

Drop Points Subscription Info

All of our drop points are in the Atlanta area. Choose a drop point that works for you, and contact the coordinator for more details and to sign up for that location. Charlotte Swancy can answer questions about any drop point. All deliveries are on Wednesdays, except for the Morningside Farmers Market which is on Saturday morning.

Area	Location	Coordinator	Contact
Decatur	Oakhurst Community Garden	Leslie Erikson	leslie.erickson@prudentialga.com
Peachtree Corners	Peachtree Corners Presbyterian Church	Robin Fosdick	sustainablepeach@comcast.net or http://peachtreecornerscsa.ning.com
Grant Park	Private Residence	Suzanne Welander	suzanne@abraxis.com
Tucker	St. Andrews Presbyterian Church	Charlotte Swancy	wcswan@yahoo.com
Lake Claire	Private Residence	Charlotte Swancy	wcswan@yahoo.com
Acworth	Private Residence	Charlotte Swancy	wcswan@yahoo.com
Morningside	Morningside Farmers Market	Charlotte Swancy	wcswan@yahoo.com
Alpharetta	TBA	Charlotte Swancy	wcswan@yahoo.com

Other drop points may be available. Contact Charlotte for more info.

New to the Riverview CSA, or CSAs in general? This page's for you!

What's a CSA?

CSA (Community Support Agriculture) participants subscribe and pay in advance for weekly deliveries that start in late May and continue every week, well into December. Each week, we pick your veggies, pack them, and deliver them the next day to the designated pick-up sites in the Atlanta area. Our delivery date is **Wednesday**, unless you're subscribing to pick up at the Morningside Farmers Market on Saturday mornings.

What's in the box?

A share generally includes about enough veggies for a family of four for a week (though you will likely need to supplement the CSA delivery) OR enough to keep a family of two that likes to cook at home in ample vegetables with a little left over to preserve for the winter and early spring. Each week's share includes 5-7 items. How much subscribers receive each week can vary a little bit since weather affects how the plants are growing and how much we can harvest. We occasionally provide stone-ground grits or cornmeal from corn grown on our farm, and sometimes supplement with organic produce grown by other nearby family farms.



typical summer share

The contents of the weekly share varies by the season: in the spring, it's cool weather crops such as leafy greens, crisp radishes, beets, onions, garlic, and strawberries; in the heat of the summer, it's fruity vegetables such as corn, cucumbers, peas, peppers, tomatoes, melons, blueberries; in the fall, it's root crops and more hearty greens such as broccoli, butternut squash, kale, turnips, sweet potatoes, apples, collards.

The happiest subscribers are those who greet the weekly surprise of what's in the box with excitement because they like learning about new veggies and eating seasonally, and welcome the opportunity to share cooking ideas with others.



typical fall share

Shares are packaged in individual boxes or sometimes in bags. They are not marked with names. The contents are similar, though there can be a little bit of variation (mustard greens vs. kale, for example).

Is it worth it?

Because the average food item travels 3,000 miles before making it to your plate in Georgia, local organic food is fresher and tastier. Hard to argue with that. But beyond taste, participating in a CSA supports changes in our food system that will increase access to fresh, healthy, and safe food. Right now, subsidies make mass-produced, unhealthy food cheap in comparison with fresh fruits and vegetables. Conventional agriculture – both production and transportation of food – consumes 1/5 of the oil our country uses in a year. By funneling your food purchases to locally produced organic foods, you're not only helping small family farms stay in business, you're helping to establish a less resource-intensive system that results in cleaner air, water, and soil (and tastier and more nutritious veggies)!

Best of all, CSAs promote deeper community connections between and within neighborhoods and farmers. We hold an event for our CSA customers on the farm each year so that they can learn more about where their food comes from and meet us, the farmers who grow the food.